**FACES cross country ski trip itinerary- Plan A**

Mount McIntyre Loop from Skyline trail to Mt Mac Ascent-Descent road towards the tower and back down to Fish Lake

**Dec.12-13-15, 2022**

Duffle bag with all material is expected at school one day prior to departure for check up unless I send an email to advise it is postponed because of temperature forecast colder then -200C.

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| **Day** | **Time** | **Location** | **Activity Details** | |
| Day 1 | 8:45 am | Faces classroom | Meeting at school with:   * 2 person team food   At school   * dress to xc ski * wax skis * get ready, last details |
|  | 10:00 am | WSC | Standard Bus pick up, load it and leave | |
|  | 10:45 | Drop off in Sklyline parking lot on Fish Lake road | Students will be putting their duffle bag on a sled as well as group equipment | |
|  | 11:45 |  | Leaving with skis to start our journey | |
|  | 1:00 | Along the trail | Eat lunch | |
|  | 4:00 pm | Camp #1  Either at the junction of Skyline and Fraser Loop or in the meadow on Fraser Loop | Choose a camping site( about 5-6 km for trailhead)  Set up camp: 3 person tent  Set up stoves  Melt snow  Gather fire wood  Install portable toilet or not if at the junction as there is a outhouse | |
|  | 6:00 |  | Prepare and eat dinner | |
|  | 7:00 pm |  | Melt more snow, Journal around the fire | |
|  | 9:00 pm |  | Get ready for bed: prepare hot water bottle | |
|  | 9:30 pm |  | Bed time | |

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| Day 2 | 8:30 am | Camp #1 | * Wake up time * Prepare and eat breakfast * Prepare a lunch * Pack up 3 person tent * Put away stoves * Clean our site |
|  | 11:30 |  | Leaving to continue our journey |
|  | 1:30 pm | On the trail | Lunch along the trail |
|  | 4:30 pm | Camp #2 about 1.5 km down from Mt Mac Road | Set up camp: 3 person tent  Set up stoves  gather fire wood  Install portable toilet  Melt snow |
|  | 6:00 |  | Prepare and eat dinner |
|  | 8:00 pm |  | Journal by the fire |
|  | 10:00 pm |  | Getting ready for bed time: prepare hot water bottle |
|  | 10:30 pm |  | Bed time |
| Day 3 | 9:00 am | Camp #2 | * Wake up time * Prepare and eat breakfast * Prepare a lunch * Pack up 3 person tent * Put away stoves * Clean our site |
|  | 11:30 am |  | Leaving to get to Fish Lake big parking lot on the dike |
|  | 1:00 pm | On the trail | Lunch along the trail |
|  | 1:45 pm |  | Organize material for quick pickup |
|  | 2:00 pm |  | Standard bus pick up |
|  | 2:45 pm | WSC | Unload personal gear, group gear and snowshoes  Focus on priority tasks such as:   * carry all group material in classroom * hanging 3 person tents * hanging wall tent * hanging school sleeping bags * clean Trangia stove   Complete day 3 in journal |
|  | 4:30 pm | Wood St. | Parent pick up  Journal needs to be completed before leaving to go home. |