**FACES cross country ski trip itinerary- Plan A**

Mount McIntyre Loop from Skyline trail to Mt Mac Ascent-Descent road towards the tower and back down to Fish Lake

**Dec.12-13-15, 2022**

Duffle bag with all material is expected at school one day prior to departure for check up unless I send an email to advise it is postponed because of temperature forecast colder then -200C.

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| --- | --- | --- | --- |
| **Day** | **Time** | **Location** | **Activity Details**  |
| Day 1 | 8:45 am | Faces classroom | Meeting at school with:* 2 person team food

At school* dress to xc ski
* wax skis
* get ready, last details
 |
|  | 10:00 am | WSC | Standard Bus pick up, load it and leave  |
|  | 10:45 | Drop off in Sklyline parking lot on Fish Lake road | Students will be putting their duffle bag on a sled as well as group equipment  |
|  | 11:45 |  | Leaving with skis to start our journey |
|  | 1:00 | Along the trail | Eat lunch |
|  | 4:00 pm | Camp #1Either at the junction of Skyline and Fraser Loop or in the meadow on Fraser Loop | Choose a camping site( about 5-6 km for trailhead)Set up camp: 3 person tent Set up stovesMelt snowGather fire woodInstall portable toilet or not if at the junction as there is a outhouse |
|  | 6:00 |  | Prepare and eat dinner  |
|  | 7:00 pm |  | Melt more snow, Journal around the fire |
|  | 9:00 pm |  | Get ready for bed: prepare hot water bottle |
|  | 9:30 pm |  | Bed time |

|  |  |  |  |
| --- | --- | --- | --- |
| Day 2 | 8:30 am | Camp #1 | * Wake up time
* Prepare and eat breakfast
* Prepare a lunch
* Pack up 3 person tent
* Put away stoves
* Clean our site
 |
|  | 11:30 |  | Leaving to continue our journey |
|  | 1:30 pm | On the trail | Lunch along the trail |
|  | 4:30 pm | Camp #2 about 1.5 km down from Mt Mac Road | Set up camp: 3 person tentSet up stovesgather fire woodInstall portable toiletMelt snow |
|  | 6:00 |  | Prepare and eat dinner  |
|  | 8:00 pm |  | Journal by the fire |
|  | 10:00 pm |  | Getting ready for bed time: prepare hot water bottle |
|  | 10:30 pm |  | Bed time |
| Day 3 | 9:00 am | Camp #2  | * Wake up time
* Prepare and eat breakfast
* Prepare a lunch
* Pack up 3 person tent
* Put away stoves
* Clean our site
 |
|  | 11:30 am |  | Leaving to get to Fish Lake big parking lot on the dike |
|  | 1:00 pm | On the trail | Lunch along the trail |
|  | 1:45 pm |  | Organize material for quick pickup |
|  | 2:00 pm |  | Standard bus pick up |
|  | 2:45 pm | WSC | Unload personal gear, group gear and snowshoesFocus on priority tasks such as: * carry all group material in classroom
* hanging 3 person tents
* hanging wall tent
* hanging school sleeping bags
* clean Trangia stove

Complete day 3 in journal  |
|  | 4:30 pm | Wood St. | Parent pick upJournal needs to be completed before leaving to go home. |