**PERSONAL MATERIAL LIST for the Yukon River**

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| EATING AND MEAL PREPARATION |
|  |  | 1 Nalgene type 1L water bottle w/carabiner to attach in canoe |
|  |  | Lunch for first day |
|  |  | Fire kit- matches, lighter, fire starter |
|  |  |  |
| CLOTHING |
|  |  | 1 wool/synthetic long underwear bottoms |
|  |  | 1 wool/synth. long sleeve shirts |
|  |  | 1 historical type pants |
|  |  | 1 wool/synth t-shirt |
|  |  | 2 pairs wool or blend socks |
|  |  | 1 wool sweater- historical type |
|  |  | 1 pairs of gloves/mitts  |
|  |  | Rubber boots + felt insoles/Bama socks |
|  |  | 1 rain gear |
|  |  |  |
|  |  |  |
| GENERAL PERSONAL GEAR |
|  |  | Non medical mask |
|  |  | Multi use knife |
|  |  | Toilet paper in Ziploc bag with hand sanitizer |
|  |  | Journal/ pencil/ pen in ziploc |
|  |  | Sunscreen and lip balm |
|  |  | Sunglasses |
|  |  | Toothbrush, paste and floss |
|  |  | Feminine hygiene |
|  |  | Medications |
|  |  | Headlamp and extra batteries |
|  |  | Camera (optional) |
|  |  | Fishing gear + regulations (optional) |
|  |  |  |
|  |  | Sleeping bag |
|  |  | Sleeping pad |
|  |  | Liner, … (optional) |
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